

# Advances in Food Safety and Microbial Control

Ramona Iseppi \*, Patrizia Messi  and Carla Sabia 

Department of Life Sciences, University of Modena and Reggio Emilia, Via G. Campi 287, 41125 Modena, Italy; patrizia.messi@unimore.it (P.M.); carla.sabia@unimore.it (C.S.)

\* Correspondence: ramona.iseppi@unimore.it; Tel.: +39-059-205-5469

## 1. Introduction

Consumer demand for high-quality, shelf-stable foods is rapidly increasing, mainly due to changing dietary habits and global population growth. Furthermore, consumers are increasingly seeking natural preservatives to replace conventional ones [1]. Research has led to the development of novel food bioprotection and biopreservation strategies aimed at preserving nutritional and organoleptic qualities, ensuring microbiological safety while extending shelf life [2,3]. The recent exploitation of natural products to eliminate pathogens, control spoilage, and prolong the shelf life of perishable products has attracted growing interest among researchers [4]. Probiotics and postbiotics are emerging as natural preservatives that combine antimicrobial activity with health benefits. These bioactive systems must be supported by advanced technological applications such as smart packaging and biosensors. Bioactive systems and their applications must be monitored for safety, stability, and functionality to ensure applicability and uniformity of use [5,6].

## 2. An Overview of Published Articles

This Special Issue focuses on new perspectives in food safety from a microbiological standpoint. The use of biopreservatives to counteract the growth of pathogens and spoilage microorganisms are extensively explored. Natural substances such as bovine colostrum, which is naturally rich in antimicrobial and antioxidant compounds, are shown to be active against *Listeria monocytogenes* in rabbit meat (Contribution 1).

Polyphenol-rich substances are natural compounds known for their antioxidant, anti-tumor and anti-inflammatory, and antimicrobial properties. Calvo et al. tested an extract of white Albariño grape pomace to inhibit the growth of pathogenic bacteria after simulated in vitro digestion. During gastric and intestinal digestion, many of the molecules present in the extract decreased due to degradation or dilution, although some remained in the soluble fraction. Before digestion, the extract exhibited strong bactericidal activity at low concentrations, particularly against Gram-positive bacteria (*Staphylococcus aureus* and *L. monocytogenes*). After simulated digestion, antimicrobial activity was maintained or even enhanced against certain bacteria, especially Gram-negative species in the intestinal phase, suggesting that digestion may increase the bioavailability of some compounds at the microbial level (Contribution 2).

Furthermore, the in vitro antibacterial activity of polyphenolic extracts obtained from mango (*Mangifera indica*) processing by-products was evaluated against food spoilage-associated and pathogenic bacteria. The study suggests that the observed antibacterial activity may result from synergistic effects among multiple compounds or from other co-extracted substances, such as carotenoids (Contribution 3). Of further particular interest is the use of fermentation with lactic acid bacteria (LAB) to enhance the biochemical, antioxidant, and antimicrobial properties of hemp (*Cannabis sativa* L.) seeds (Contribution 4).



Received: 31 March 2026

Revised: 17 April 2026

Accepted: 20 April 2026

Published: 20 April 2026

**Copyright:** © 2026 by the authors.

Licensee MDPI, Basel, Switzerland.

This article is an open access article distributed under the terms and

conditions of the [Creative Commons Attribution \(CC BY\) license](https://creativecommons.org/licenses/by/4.0/).

The studies included in this Special Issue address not only antibacterial but also antifungal activity. Karpiński et al. analyzed the activity of 21 plant-derived organic acids against various bacterial and fungal food pathogens, also assessing their potential safety based on predicted toxicity. Many plant organic acids showed good antibacterial activity, but only a few were effective at concentrations that do not pose potential health risks. Antifungal activity was generally weaker and required higher concentrations (Contribution 5).

Fungal contamination originating from the farming environment was detected on duck eggs. Some of these fungi, particularly those belonging to the genus *Aspergillus*, pose a risk to both animal and human health, especially due to their resistance to antifungal agents (Contribution 6). The presence of phytopathogenic fungi (*Botrytis cinerea* and *Fusarium oxysporum*) leads to crop rot and significant losses. In the study presented by Pérez-López et al., the woody fungus *Pycnoporus sanguineus* was used to inhibit these pathogens. This approach contributes to the development of biological control strategies for crop protection, offering alternatives or complements to chemical fungicides (Contribution 7).

The growing interest in bioactive compounds of natural origin is challenged by several technical and practical issues, including compositional variability, extract stability during processing and storage, and interactions with food matrices that may limit efficacy. To address these limitations, innovative technologies are being developed, such as nanoencapsulation to improve compound stability and controlled release, complexation with polysaccharides, and advanced extraction methods (Contribution 8).

Innovative technologies are also increasingly important in food packaging to enhance both food safety and material performance. Kraśniewska et al. combined silver nanoparticles (AgNPs), known for their antibacterial activity, with biopolymers to develop packaging materials with improved antibacterial and physical properties (Contribution 9). Another study proposes an antifungal packaging material based on pectin and gelatin, incorporating bioactive extracts from *Azadirachta indica* (neem), to extend the post-harvest shelf life of papaya (*Carica papaya* L.) and counteract spoilage-causing fungi (Contribution 10).

To improve food safety, the development of novel molecular diagnostic tools is essential for implementing surveillance programs in livestock farms, enabling faster and more accurate detection, and thus improving public health (Contribution 11). To accelerate the evaluation of microbial food quality, Terrones-Fernandez et al. propose an alternative to autoclaving for sterilizing microbiological culture media, thereby reducing preparation time (Contribution 12).

Finally, alongside new technical strategies aimed at protecting the food chain from intentional contamination, there is a growing need to update regulatory frameworks. Traditional food safety systems should be integrated with specific approaches targeting malicious threats, supported by more coherent regulations and effective operational strategies to ensure global food chain protection (Contribution 13).

### 3. Conclusions

This Special Issue provides a comprehensive overview of current approaches aimed at inhibiting pathogens, spoilage bacteria, and fungi responsible for food contamination. The collected studies underscore the urgent need to move beyond conventional methods and to develop innovative and sustainable strategies. Despite the significant challenges that remain, ongoing research efforts offer promising perspectives for overcoming these limitations and for improving food quality, safety, and shelf life in the future.

**Author Contributions:** R.I.: writing—original draft preparation; P.M.: writing—review and editing; C.S.: writing—review and editing. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research received no external funding.

**Acknowledgments:** The authors would like to thank all the contributing authors for their interest and support, and the peer reviewers for their essential contributions to the Special Issue “Advances in Food Safety and Microbial Control”.

**Conflicts of Interest:** The authors declare no conflicts of interest.

#### List of Contributions

1. Castrica, M.; Rinaldi, S.; Contò, M.; Curone, G.; Quattrone, A.; Balzaretto, C.M.; Brecchia, G.; Giaccone, V.; Failla, S. Investigating the Effect of Different Bovine Colostrum Concentrations Added to Ground Rabbit Patties on the Survival of *Listeria monocytogenes* and Meat Quality. *Appl. Sci.* **2025**, *15*, 10019. <https://doi.org/10.3390/app151810019>.
2. Calvo, L.G.; Celeiro, M.; Villarino, R.-A.; Abril, A.G.; Sánchez, S.; Rama, J.L.R.; de Miguel, T. Evaluation of the Antimicrobial Capacity of a White Grape Marc Extract Through Gastrointestinal Digestion. *Appl. Sci.* **2025**, *15*, 6390. <https://doi.org/10.3390/app15126390>.
3. Dorta, E.; González, M.; Lobo, M.G.; Laich, F. In Vitro Assays to Evaluate the Effects of Mango By-Product Polyphenolic Extracts Against Bacterial Species Associated with Food Spoilage and Human Diseases and the Relationship with Their Genotypes. *Appl. Sci.* **2025**, *15*, 5845. <https://doi.org/10.3390/app15115845>.
4. Čižeikienė, D.; Gaidė, I.; Žadeikė, D.; Bašinskienė, L. Effects of Lactic Acid Bacterial Fermentation on the Biochemical Properties and Antimicrobial Activity of Hemp Seeds. *Appl. Sci.* **2024**, *14*, 11469. <https://doi.org/10.3390/app142311469>.
5. Karpiński, T.M.; Ożarowski, M. Plant Organic Acids as Natural Inhibitors of Foodborne Pathogens. *Appl. Sci.* **2024**, *14*, 6340. <https://doi.org/10.3390/app14146340>.
6. Gaweł, A.; Siedlecka, M.; Karwańska, M.; Skrok, M.; Przychodniak, I.; Knap, P.; Chmielina, A.; Truszko, V.; Kuczkowski, M.; Bierowiec, K.; et al. Occurrence of Fungi on Duck Egg Shells and Drug Resistance Analysis of *Aspergillus* spp. Isolates. *Appl. Sci.* **2025**, *15*, 860. <https://doi.org/10.3390/app15020860>.
7. Pérez-López, R.I.; Romero-Arenas, O.; Parraguirre Lezama, C.; Romero López, A.; Rivera, A.; Cedillo Ramírez, L. Comparison of Three Biological Control Models of *Pycnoporus sanguineus* on Phytopathogenic Fungi. *Appl. Sci.* **2024**, *14*, 8263. <https://doi.org/10.3390/app14188263>.
8. Rachwał, K.; Gustaw, K. Plant-Derived Phytobiotics as Emerging Alternatives to Antibiotics Against Foodborne Pathogens. *Appl. Sci.* **2025**, *15*, 6774. <https://doi.org/10.3390/app15126774>.
9. Kraśniewska, K.; Gniewosz, M. Silver Nanoparticle-Infused Pullulan Films for the Inhibition of Foodborne Bacteria. *Appl. Sci.* **2025**, *15*, 11297. <https://doi.org/10.3390/app152011297>.
10. Ribeiro, T.T.d.B.; Barbosa, A.M.; Nunes, T.P.; Costa, A.S.G.d.; Oliveira, M.B.P.P.; Borges, G.R.; Padilha, F.F.; Dariva, C.; Santos, K.S. Development of Antifungal Packaging Based on Pectin/Gelatin Containing *Azadirachta indica* Bioactive Extracts for *Carica papaya* L. Fruit Coating. *Appl. Sci.* **2025**, *15*, 4423. <https://doi.org/10.3390/app15084423>.
11. Martínez-Murcia, A.; Navarro, A.; García-Sirera, A.; Romero, P.; Miró-Pina, C.; Rubio, J.M.; Blazevic, A. Validation of a DIVA qPCR Duplex Assay to Differentiate Primun Salmonella T Vaccine from *Salmonella enterica* subsp. *enterica* Serovar Typhimurium Wild Strains. *Appl. Sci.* **2025**, *15*, 2737. <https://doi.org/10.3390/app15052737>.
12. Terrones-Fernandez, I.; Rodero-De-Lamo, L.; López, A.; Peiró, S.; Asensio, D.; Castilla, R.; Gamez-Montero, P.J.; Piqué, N. Microwave Oven Application for the Preparation and Sterilization of Microbiological Culture Media: A Feasible Method with An Adapted Water Bath and Perforable Cap. *Appl. Sci.* **2024**, *14*, 2340. <https://doi.org/10.3390/app14062340>.
13. Puhač Bogadi, N.; Uršulin-Trstenjak, N.; Šarkanj, B.; Dodlek Šarkanj, I. Food and Agriculture Defense in the Supply Chain: A Critical Review. *Appl. Sci.* **2025**, *15*, 11020. <https://doi.org/10.3390/app152011020>.

## References

1. Muthuvelu, K.S.; Ethiraj, B.; Pramnik, S.; Raj, N.K.; Venkataraman, S.; Rajendran, D.S.; Bharathi, P.; Palanisamy, E.; Narayanan, A.S.; Vaidyanathan, V.K.; et al. Biopreservative Technologies of Food: An Alternative to Chemical Preservation and Recent Developments. *Food Sci. Biotechnol.* **2023**, *32*, 1337–1350. [[CrossRef](#)] [[PubMed](#)]
2. Bhattacharya, D.; Nanda, P.K.; Pateiro, M.; Lorenzo, J.M.; Dhar, P.; Das, A.K. Lactic Acid Bacteria and Bacteriocins: Novel Biotechnological Approach for Biopreservation of Meat and Meat Products. *Microorganisms* **2022**, *10*, 2058. [[CrossRef](#)] [[PubMed](#)]
3. Cocolin, L. Microbial Bioprotection: An Opportunity to Improve Safety and Quality of Meat Products in a Sustainable Way. *Meat Sci.* **2025**, *219*, 109576. [[CrossRef](#)] [[PubMed](#)]
4. Meireles, A.; Giaouris, E.; Simões, M. Alternative Disinfection Methods to Chlorine for Use in the Fresh-Cut Industry. *Food Res. Int.* **2016**, *82*, 71–85. [[CrossRef](#)]
5. Ramazanidoroh, F.; Hosseini-zhad, M.; Shahrampour, D.; Wu, X. Edible Packaging as a Functional Carrier of Prebiotics, Probiotics, and Postbiotics to Boost Food Safety, Quality, and Shelf Life. *Probiotics Antimicrob. Proteins* **2024**, *16*, 1327–1347. [[CrossRef](#)] [[PubMed](#)]
6. Mafe, A.N.; Büsselberg, D. Probiotics and Postbiotics for Green Control of Foodborne Pathogens: Intelligent Detection and Biopreservation Strategies for Safer Foods. *Foods* **2025**, *14*, 3281. [[CrossRef](#)] [[PubMed](#)]

**Disclaimer/Publisher’s Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.